# WEST END ELEMENTARY SCHOOL NEWSLETTER

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West End Elementary School Meghan Stefanucci, Principal

#### **Upcoming Events**



- 1-28 Black History Month Dental Health Month
- 2 Groundhogs Day
- 5-9 National School Counseling Week
- 6 2<sup>nd</sup> grade Dental Presentations
- 7  $100^{TH}$  day of school

# All dress like they are 100 years old

- 8 Evening Conferences 4:00 6:00
- 12-16 Random Acts of Kindness Week
- 13 Fall in Love with Computing Allegheny
- College 5:30 7:30
- 14 Valentine's Day partiesPTO Meeting 5:30Casey's Easter Choc. Fundraiser Due
- 16 Random Acts of Kindness Day School in Session
- 19 School Closed Presidents Day
- 21 Meadville, The Beloved Community Fair @ MAMS 6:00 – 8:00

# From the Principal

Dear Parents and Guardians,

We celebrate our first month of our new School Wide Positive Behavior Interventions and Support Program. We kicked off the new year with a school wide assembly introducing the students to our school wide expectations and then followed this up with specific learning stations in each area of the school, where we demonstrated and taught students how to meet the expectations.

> B – Be Organized A – Accept Responsibility R – Respect Others K – Keep Safe

February 2024

Students have been earning BARK bucks as teachers observe them demonstrating one of these expectations throughout the school.

In January our highest BARK Buck earners are:

- K Lana Lang & Rylee Clark
- 1<sup>st</sup> Ella Turrisi, Decker Pippen & Jessa Urquat
- 2<sup>nd</sup> Maci Walker, Sophia Wasson, & Alexis Conley
- 3<sup>rd</sup> Emma Fuller & Kendall Simons
- 4<sup>th</sup> Adelaide Crandall & Coltin Mattera
- 5<sup>th</sup> Anniston Pasilla & Kamxin Gehbauer
- 6<sup>th</sup> Kassie Alexander Aubriella Kelso

# No School

School will be closed for students on Monday, February 19.

# February Nurse Notes

## Kindergarten & 6th Grade Physicals

- Notices for students still missing this requirement was sent home in Early January
- Physicals are due no later than 6/1/2024.
- West End School Physicals are scheduled for <u>Wednesday, 3/13/2024</u> for K & 6<sup>th</sup> students who have not had a recent physical. Sign-ups were sent home in Late January. <u>Please return them by</u> <u>February 9<sup>th</sup></u>.

<u>Clothes Donations</u>- Please send in any unwanted, new or gently used sweatpants and/or leggings (no jeans) to the Nurse's Office. We will take all sizes, especially youth sizes 6, 8, 14, & 16. We could also use boys underwear sizes 6, 8, & 10 and size large (14/16) T-Shirts.

## **Medications**

Any medications administered at school, not listed on the yellow Emergency Call & Parent Permission Card signed at the beginning of the school year **MUST** have a medication order form completed by a licensed prescriber, to be administered at school. This goes for all OTC <u>AND</u> Prescription medications. Medication Administration Forms can be found at "Parent Resources" on the CCSD Website or a form can be sent home

#### Sickness at School

- If your child is ill and fevered (100.0 or greater), they may not attend or return to school <u>unless they</u> <u>have been fever-free without the use of a fever-</u> <u>reducing medicine for 24 hours and symptoms</u> <u>have improved</u>
- If your child is found to have a temperature of 100.0 or higher you will be asked to pick them up from school
- Covid-19- There are no longer "EQ" or Excused Quarantine days. If your child is sick with any illness, please keep them home and send in a written excuse of absence when they return to school. If your child sees their doctor, send in a medical excuse for absence(s).
  - Please Note: There was a typo on the printed January 2024 Newsletter concerning "EQ" days- this was from a previous school year and there are NO "EQ" days for the 2023-2024 school year. Sorry for any confusion.

#### West End Nurse Contact Info

- Nurse's Office Phone #: 814-724-1450 Ext. 4
- Nurse's Office Text Messenger: 814-732-0247
- Email: jennifer.devaul@craw.org or onnalea.reed@craw.org
- Fax #: 814-337-5886 Attn. Nurse

Stay Healthy & Warm, Mrs. DeVaul

#### **Dental Health Month**

February is Dental Health Month. Here are a few Daily Oral Hygiene Tips from Mrs. Harrison:

- Brush 2X a day for 2 minutes
- Floss 1X a day
- Visit a dentist every 6 months
- Change your toothbrush every 3 months
- Help children ages 3-6 brush and floss at home

#### Watch Your Sugar Intake:

When it comes to the health of your teeth, you really are what you eat. Sugary foods, such as candy and soda, contribute to tooth decay. Pay attention to what you are drinking. Since it has no calories or sugar, water is always the best pick, especially

compared to juice or soda. Your diet makes a big difference when it comes to a healthy smile.

#### Eating a Healthy Diet

A balanced diet of fruits, vegetables, protein foods, calcium-rich foods and whole grains provide essential nutrients for optimal oral health as well as overall health. The following are some healthy diet choices:

- Cheese
- Apples
- Yogurt
- Carrots
- Leafy greens
- Almonds
- Celery

#### ΡΤΟ

We encourage you to attend our Parent Teacher Organization (PTO) meeting on Wednesday, February 14 at 5:30 p.m. in the art room. We meet the second



Wednesday of each month throughout the school year. There is no membership fee.

A major goal of PTO is to support the school by holding fundraisers that help to pay for things that the school's limited budget does not. We fund field trips and other school events this way. One goal this school year is to raise funds for the renovation of the school playground. The PTO also helps support the school by mobilizing volunteers at various school events.

Your child and others are the beneficiaries of this support. We hope you will join us.

#### Social Media

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